

# Mexico

## Packing List and Travel Info

### Stuff to take

Weather in this area of Mexico is variable, so pack accordingly!

#### **Clothing/linens**

Grungy work clothes, sturdy shoes

Hat and/or bandana

Casual clothing for evening meal and hang out time

(note - light weight scrub pants are really comfy, either for work or relaxing)

Sleeping clothes

Flip flops/ sandals - for in the dorm, etc. You will want to get out of your grody work shoes, I guarantee!

Swim suit, beach towel - possible trip to beach with COLD ocean

Light jacket, pants, long sleeve shirt (chilly evenings and mornings)

(Bath towels/wash cloths, bed linens and pillows ARE provided!!)

#### **Toiletries, etc**

sunscreen

febreeze

body/face cleansing wipes

standard toiletry items

tummy meds & other prescription meds

baby powder/medicated powder

#### **Optional**

Journal

Camera

Cards or small games

#### **Personal and Misc. Items**

Passport

Cash (souvenirs, snacks, few meals while traveling)

Work gloves, optional (will be provided but many people have worn them - your comfort level)

Sunglasses

Bible and devotional materials, pens

Re-fillable water bottle

Backpack, etc – take belongings to work site if desired

Plastic bags - for dirty clothes, shoes, etc.